

Red Light Therapy

Physiotherapy Shoes

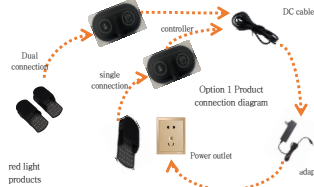
Please read this manual carefully before using the product, and keep it for backup

Product manual

Product size: 32*13*5cm
Input voltage: AC100~240V
Power: 11W/PCS
Light category: red light + infrared
Material: PU+fabric
Service life: more than 50000 hours

Instructions for use

- Option 1: Plug in with an adapter
Option 2: Use a 5V to 12V USB cable to plug in the power bank
1. Wrap your body, choose a part of the area where you will place it, connect the adapter and the controller into the power connector.
 2. Plug into an AC outlet and long press the power button to turn on the device or use a power bank to power the device.
 3. According to the sensitivity of the human body to temperature, choose different levels. It is recommended to try from the lowest gear for the first time.
 4. Press the appropriate button to set the time and power usage.



Controller details:
a. Voltage input DC 12V
b. Time gear setting: 3 gears (green, blue, red), green: 10 minutes, blue: 20 minutes, red: 30 minutes c. Power gear setting: 3 gears (green, blue, red), green: minimum, blue, red: maximum
Controller Operating Instructions:
a. After the power is connected, press and hold the time setting key for 3 seconds to turn on/off
b. Power setting key: green light (minimum), blue light, red light (maximum) c. Time setting key: green light 10 minutes, blue light 20 minutes, red light 30 minutes

Usage time:

Quick start the chart, this is the shortest time, feel free to increase the time as needed.

- ◆ Fat reduction 8 minutes 3-5X/week
- ◆ Cellulite reduction 8 minutes 3-5X/week
- ◆ Rejuvenation 4 minutes 3-5X/week
- ◆ Wound healing 3 minutes 3X/week
- ◆ Planar warts 8 minutes 1X/week Muscle building 8 minutes 3-7X/week
- ◆ Recovery 8 minutes 3-7X/week
- ◆ Immune health 5 minutes 3-5X/week
- ◆ Herpes simplex 10 minutes 3-7X/week
- ◆ Chronic fatigue 10 minutes 3-7X/week
- ◆ Gonadal 3 minutes 3-7X/week
- ◆ Oral health 3 minutes 2X/week
- ◆ Skin rejuvenation: 5 minutes, 3-5 times a week
- ◆ Fertility 3 minutes 3-7X/week
- ◆ Arthritis 10 minutes 7X/week Carpal tunnel 8 minutes 7X/week
- ◆ Healthy Thyroid 3 minutes 3-5X/week
- ◆ Inflammation 8 minutes 2-5X/week
- ◆ Muscle relief: 10 minutes, 3-7 times a week
- ◆ Pain 8 minutes 7X/week

Benefits of Red Light Therapy:

- ★ Relieve fatigue and improve sleep.
- ★ Reduce the production of cellulite.
- ★ Accelerates the formation of skin collagen.
- ★ Improve skin radiance and elasticity.
- ★ Fast and effective decomposition of fat cells
- ★ For weight loss and detoxification.
- ★ Relieve soreness.

Contraindications and maintenance

Notice

Before using this product, be sure to read and follow the operating instructions of the "Instruction Manual" carefully. The company is not responsible for the consequences caused by incorrect use or non-compliance with the product instructions.

Warning

- ◆ Do not use it in places with high humidity and excessively high temperature, such as bathrooms.
- ◆ If you feel unwell during or after use, stop using it immediately and consult a doctor.
- ◆ When the product is working, the surface will heat up, which is a normal phenomenon.
- ◆ Make sure the skin is not damaged before use.
- ◆ Sensitive skin, allergic dermatitis, use this product under the guidance of a doctor.
- ◆ When unplugging the product's connecting wire, do not pull it, but hold the plug and pull it out from the socket.
- ◆ Do not disassemble, modify, immerse in water or throw the product into fire by yourself, otherwise it may cause damage to the product.
- ◆ Pregnant women or cancer patients should not use this product.
- ◆ Those who have recently undergone surgery should not use this product.

Maintenance

- ◆ Do not apply heavy pressure to the product, otherwise it will be damaged.
- ◆ After use, please store in a ventilated and dry place.
- ◆ Do not pull out the USB/DC charging port with too much force, otherwise it will break.
- ◆ Do not soak or rinse in water, and do not use strong cleaning agents to clean.
- ◆ Do not use alcohol, spray aerosol or strong solvent to wipe the product.
- ◆ You can clean the product by wiping it gently with a soft cloth on a regular basis. Be sure to turn off the power before cleaning. Dry in a cool and ventilated place after wiping.

Product after-sales warranty

- ◆ The warranty covers defects caused by parts material and manufacturing process within 12 months from the date of purchase of the product under normal use.
- ◆ The warranty does not cover any freebies, or natural wear and tear during product use, or failure to follow product instructions.
- * Damage caused by improper use, maintenance and storage by consumers.
- * Damage caused by dismantling by non-our company repairers.
- * Damaged due to force majeure.

